

## Resources on Body Safety for Kids

**Author: Rachel Brian** 

Consent (for Kids!): Boundaries, Respect, and Being in Charge of YOU (2020) With clear explanations, fun illustrations, and expertly presented information, Consent (for Kids!) is an empowering introduction to consent, bodily autonomy, and how to respect yourself and others.

**Author: Zack and Kimberly King** 

*I Said No!* (2020)

A kid-to-kid guide to keeping private parts private.

**Author: Pro Familia** 

My Body Belongs to Me from My Head to My Toes (2014)

Now every parent, grandparent, or teacher can explain to a child the difference between appropriate and inappropriate touching in a way that young boys and girls can understand.

**Author: Jayneen Sanders** 

Let's Talk About Body Boundaries, Consent & Respect (2017)

A book to teach children about body ownership, respectful relationships, feelings and emotions, choices and recognizing bullying behaviors.

My Body! What I Say Goes! (2017)

A book to empower and teach children about personal body safety, feelings, safe and unsafe touch private parts, secrets and surprises, consent, and respectful relationships.

No Means No! (2015)

Teaching children about personal boundaries, respect and consent, empowering kids by respecting their choices and their right to say NO!

Some Secrets Should Never Be Kept (2017)

Protect children from unsafe touch by teaching them to always speak up.